

nutrition nut *on* the run



an active foodie's pursuit of a *healthy life*, one run at a time

Stats

Updated September 2013

40,000+

Monthly Pageviews

823+

Facebook Page Likes

710+

Instagram Followers

2,165+

Pinterest Followers

1,602+

Twitter Followers

Opportunities

>> Brand Ambassador/
Sponsorships

>> Conference/Event
Sponsorships

>> Sponsored Posts

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Hi there! Thank you for your interest in **Nutrition Nut on the Run**, a blog dedicated to pursuing a healthy life via delicious recipes, energetic workouts, and a big piece of positivity. As a corporate wellness professional by day, and a foodie/fitness fanatic by night, my passion for health and wellbeing is worn all hours of the day, from my apron to my running shoes.

*"To eat is a necessity,
but to eat intelligently
is an art."*

